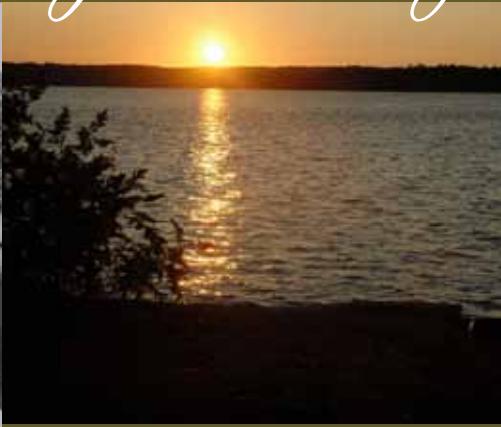
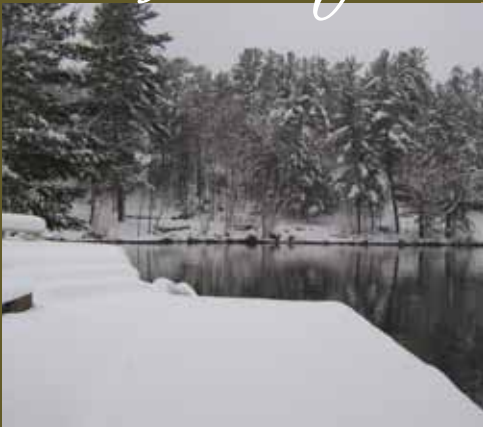


Camp Frenda Retreat Centre

the perfect getaway...



SNOW TUBING - SWIMMING - WATERSKIING - LAKE ROSSEAU TOURS - CANOEING/KAYAKING

Head Office: 1110 King Street East, Oshawa, ON L1H 1H8; Phone: 905-571-4211

Camp: 1231 Morinus Road, Port Carling, ON P0B 1J0; Phone: 705-765-5597; Cell #705-646-4889 (emergencies only)

Email: loliveira@adventistontario.org



Lakeview Lodge Rates & Room Configurations

ROOM CONFIGURATIONS/RATES:

Room Rates - 1,2,3 or 4 PEOPLE, per room = \$60/night. Each additional person add \$15/night to a maximum of \$90.

Floor #	Room #	Capacity	Room Rate/Night
1	105	8	\$90
1	107	8	\$90
1	109	5	\$75
1	111	5	\$75
1	113	4	\$60
1	115	5	\$75
1	119	6	\$90
2	203	8	\$90
2	205	8	\$90
2	207	4	\$60
2	209	5	\$75
2	211	4	\$60
2	213	5	\$75
2	215	4	\$60
2	217	5	\$75
2	219	5	\$75
3	305	5	\$75
3	307	4	\$60
3	309	4	\$60
3	311	4	\$60
3	314	4	\$60
3	Rosseau	5	\$80

MEETING ROOM SPECIFICATIONS:

Facility	Seating	Equipment
Dining Hall	200	Microwave
Fireside Room	200	Video Projector, Flip Chart and Keyboard
Conference Centre	50	Video Projector and Keyboard



General Guidelines

Please share these guidelines with your group/church members prior to arriving at Camp Frenda.

We are so glad you have chosen Camp Frenda for your retreat venue. Please enjoy yourselves in God's beautiful creation. Please take only photographs and leave only footsteps.

Please park in designated parking areas. The Muskoka Fire Department insists that our driveway to Lakeview Lodge be free from parked vehicles. Vehicles unloading in front of the Lodge should never be left unattended.

Your group is responsible for any damages or loss of camp equipment. Please take good care of your lovely facility.

Adult supervision of all youth at all times is essential. One adult for eight youth is our minimum requirement at Camp Frenda. Remember, we have an enticing waterfront.

One room key will be assigned for each room. There is a \$10 fee for each lost key.

Furniture is arranged according to fire code. Please do not remove or rearrange furniture. Mattresses must remain on beds.

Quiet time is 11 pm. Outdoor and Indoor activities after 11 pm should be kept in a respectful, quiet tone. When returning to your room, remember that Lakeview Lodge is for sleeping. Please respect the rights of others by being quiet.

We recommend that your group have a nurse, doctor or certified first-aid provider onsite. Designate someone to be contacted in case of an emergency. Inform your children NOT to call 911. Advise them to tell an adult of any pending emergency. The police, ambulance and, hospital are 45 minutes away. This is no joke. Unnecessary calls could endanger the life of a neighbour who needs to use 911.

Campfires are to be built only in designated areas. Please check with our camp ranger regarding fire ban policies.

Alcoholic beverages, non-medical drugs, smoking and firearms are strictly forbidden. Persons trespassing this rule will be removed from the property.

In compliance with the Muskoka Health Department, Camp Frenda has a strict no pets policy.



Camp Frenda Reservation Agreement

Camp Frenda, 1110 King St. East, Oshawa, ON L1H 1H8
Phone: 905-571-4211; Fax: 905-571-4781; email: loliveira@adventistontario.org

This agreement and the General Guidelines must be read, completed, signed, and returned to our office before your booking is confirmed.

Church/Group Name: _____

Date requested: _____

Contact Information:

Group Coordinator: _____

Address: _____

City _____ Province _____ PC _____

Phone: _____ email: _____

Min number of rooms needed _____ Max. of rooms needed _____

For youth retreats please provide a minimum of one adult (8) youths (up to 18 yrs of age).

Please note that the number of meals that you order is the number of meals you will be billed for (please order your meals one week prior to your arrival).

To keep expenses low please assign two dish washers and two pot washers for each meal. Should the group choose to not provide two dish washers and two pot washers the **group will be billed \$200** to cover this expense. The group agrees to reimburse Camp Frenda for any damages caused by any member or members of the group. The group will not hold Camp Frenda responsible for any loss, damage or expense that may arise out of the group's use or occupancy of our facilities.

Your **\$500** deposit confirms your booking. This amount will apply against the final invoice. Your deposit is refundable up to **90 days** before your scheduled arrival. In the event of a cancellation an administrative fee of **\$25** is retained when cancellation occurs prior to 90 days.

I/we understand and hereby agree that it is my/our responsibility to ensure that the general guidelines and this agreement will be advised to all members of our group and be strictly observed by same. No amendments or changes to this agreement shall be made unless done so in writing and signed by the parties. Camp frenda, its directors, officers, management and employees shall not be responsible for any theft, loss or damage to any property of the group, howsoever caused, or to any articles left in any building.

Deposit (Cheque Payable to "Camp Frenda")

Group Leader Signature: _____

Pastor/Head Elder Signature: _____

Church Board Approved: Yes No



LAKEVIEW LODGE ROOMING LIST - Page 1

ROOM RATES - 1,2,3 or 4 PEOPLE, per room = \$60 PER NIGHT!

EACH ADDITIONAL PERSON, ADD \$15 PER NIGHT PER BED

Room 105 - Maximum 8 people

Dbl Bed _____

Top Bunk _____
Low Bunk _____
Top Bunk _____
Low Bunk _____
Top Bunk _____
Low Bunk _____
Top Bunk _____
Low Bunk _____
Top Bunk _____
Dbl Bed _____

Room 119 - Maximum 6 people

Top Bunk _____
Dbl Bed _____

Top Bunk _____
Dbl Bed _____

Room 115 - Maximum 5 people

Top Bunk _____
Low Bunk _____
Dbl Bed _____

Top Bunk _____

Room 113 - Maximum 4 people

Top Bunk _____
Low Bunk _____
Dbl Bed _____

Room 107 - Maximum 8 people

Dbl Bed _____

Top Bunk _____
Low Bunk _____
Top Bunk _____
Low Bunk _____
Top Bunk _____
Low Bunk _____
Top Bunk _____
Low Bunk _____
Top Bunk _____
Dbl Bed _____

Room 109 - Maximum 5 people

Top Bunk _____
Low Bunk _____
Dbl Bed _____

Room 111 - Maximum 5 people

Top Bunk _____
Low Bunk _____
Dbl Bed _____

Top Bunk _____



LAKEVIEW LODGE ROOMING LIST - Page 2

ROOM RATES - 1,2,3 or 4 PEOPLE, per room = \$60 PER NIGHT!

EACH ADDITIONAL PERSON, ADD \$15 PER NIGHT PER BED

Room 203 - Maximum 8 people

- Dbl Bed _____
- _____
- Top Bunk _____
- Low Bunk _____
- Top Bunk _____
- Low Bunk _____
- Top Bunk _____
- Low Bunk _____
- Top Bunk _____
- Dbl Bed _____
- _____

Room 215 - Maximum 4 people

- Top Bunk _____
- Low Bunk _____
- Dbl Bed _____
- _____

Room 217 - Maximum 5 people

- Top Bunk _____
- Low Bunk _____
- Dbl Bed _____
- _____
- Top Bunk _____

Room 219 - Maximum 5 people

- Top Bunk _____
- Low Bunk _____
- Dbl Bed _____
- _____
- Top Bunk _____

Room 205 - Maximum 8 people

- Dbl Bed _____
- _____
- Top Bunk _____
- Low Bunk _____
- Top Bunk _____
- Low Bunk _____
- Top Bunk _____
- Low Bunk _____
- Top Bunk _____
- Dbl Bed _____
- _____

Room 207 - Maximum 4 people

- Top Bunk _____
- Low Bunk _____
- Dbl Bed _____
- _____

Room 209 - Maximum 5 people

- Top Bunk _____
- Low Bunk _____
- Dbl Bed _____
- _____
- Top Bunk _____

Room 211 - Maximum 4 people

- Top Bunk _____
- Low Bunk _____
- Dbl Bed _____
- _____

Room 213 - Maximum 5 people

- Top Bunk _____
- Low Bunk _____
- Top Bunk _____
- Dbl Bed _____
- _____



LAKEVIEW LODGE ROOMING LIST - Page 3

ROOM RATES - 1,2,3 or 4 PEOPLE, per room = \$60 PER NIGHT!
 EACH ADDITIONAL PERSON, ADD \$15 PER NIGHT PER BED

Room 305 - Maximum 5 people

Dbl Bed _____

 Dbl Bed _____

 Trundle _____

Room 311 - Maximum 4 people

Single _____
 Trundle _____
 Dbl Bed _____

Room 307 - Maximum 4 people

Single _____
 Trundle _____
 Dbl Bed _____

Room 314 - Maximum 4 people

Single _____
 Trundle _____
 Dbl Bed _____

Room 309 - Maximum 4 people

Single _____
 Trundle _____
 Dbl Bed _____

Rosseau - Maximum 3 people

Dbl Bed _____

 Top Bunk _____

Rental Items

- | | |
|--------------------------------------------------------------------------------------|------------------------------------------|
| () Winter Snow Tubes..... \$50 flat rate | () Snow Shoes, Adult/Child\$10/pair/day |
| () Video Projector..... \$25 flat rate | () Paddle Boats\$10/1 hour |
| () Flipchart/Whiteboard \$10 flat rate | () Canoes/Kayaks\$10/1 hour |
| () Ping Pong Pkg (balls & paddles) \$20 flat rate | () Keyboard and Firewood.....Free |
| () Lake Rosseau Tour \$10/Adults; \$5/ages 3-10 - 30 minutes (July to October only) | |
| () Water Tubing..... \$5 - 10 minute run (July to October only) | |
| () Waterskiing..... \$5 - 10 minute run (July to October only) | |
| () Horseback Riding..... \$10 - 30 minute trail ride (July to August only) | |
| () Pony Rides \$5 - 10 minute ride (July to August only) | |

Camp Frenda Fixed Menus

Two weeks prior to your group's arrival, please contact Susan James our Food Services Director for menu planning. She can be reached at 705-765-5597 or by email: sjames@campfrenda.org.

Sabbath Fixed Continental Breakfast

Muffins or Pastries
Bagels and Cream Cheese
Hard Boiled Egg
Hot and Cold Cereals
2% Milk and Soy Milk
Fresh Whole Fruit & Canned Fruit
WW Bread
Juice 'n hot drinks

Sabbath Lunch Menu A

Lasagna
Garlic Bread
Corn
Salad Bar
Dessert*

Sabbath Lunch Menu B

Chicken Nuggets
Fried Rice
Spring Rolls
Salad Bar
Dessert*

Sabbath Lunch Menu C

Chicken Strips Jerk Style
Rice
Stir Fried Vegetables
Salad Bar
Dessert*

Sabbath Lunch D

Vegetarian Roast
Roasted Potatoes
Broccoli
Salad Bar
Dessert*

Dessert Choices: Assorted Cookies & Ice Cream; Apple Crisp/Apple Pie; Carrot Cake or Marble Cake

Sabbath Dinner Menu A

Burgers
Cheese,
Potato Wedges
Condiments
Soup*
Fresh whole fruit

Sabbath Dinner Menu B

Haystacks
Chips
Chilli beans
Condiments
Soup*
Fresh whole fruit

Sabbath Dinner Menu C

Pizza
Tossed Salad
Soup*
Fresh whole fruit

Soup Options: Pea; Vegetable; Potato Leak

Sunday Breakfast A

Assorted Muffins
Scrambled Eggs/Tofu
Hash Browns
2% Milk & Soy
Hot 'n Cold Cereal
WW Bread
Fresh and Canned Fruit
Juice 'n Hot Drinks

Sunday Breakfast B

Assorted Muffins
Pancakes with toppings
Breakfast Links
Hot 'n Cold Cereal
2% Milk & Soy
WW Bread
Fresh and Canned Fruit
Juice 'n Hot Drinks

Sunday Brunch

Assorted Muffins
Egg & English Muffin
Stripples
Hot 'n Cold Cereal
2% Milk & Soy
WW Bread
Fresh and Canned Fruit
Juice 'n Hot Drinks

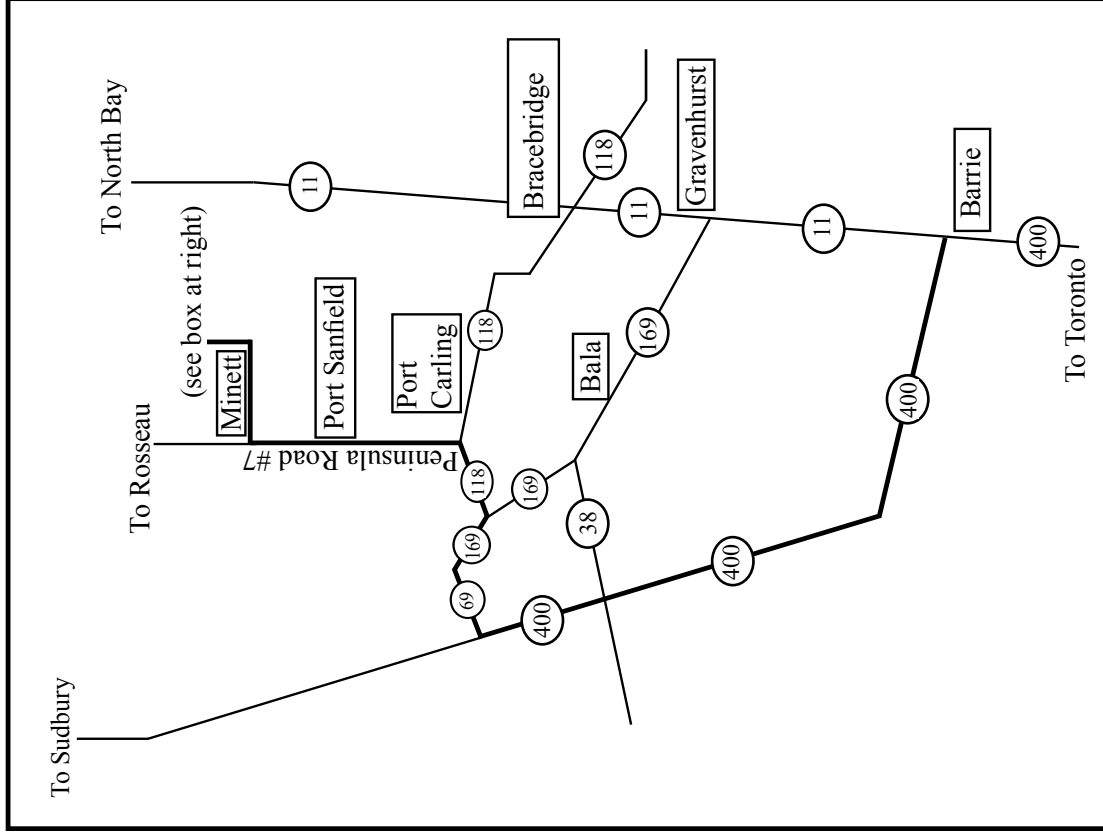
Sunday Lunch Menu A

Burgers
Cheese,
Potato Wedges
Condiments
Soup*
Dessert*

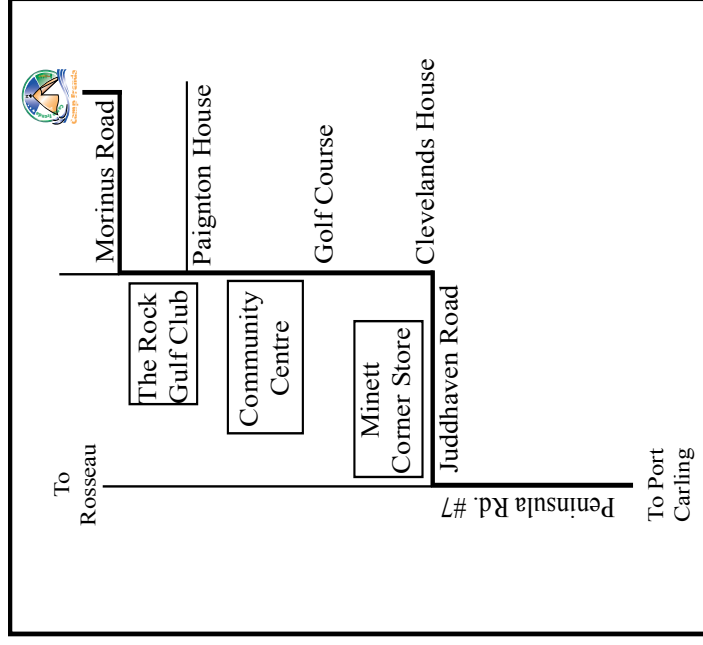
Sunday Lunch Menu B

Haystacks
Chips
Chile beans
Condiments
Soup*
Dessert*

Directions & Maps to Camp Frenda



From Toronto: Take Highway 400 North to Highway 69 (look for Exit #189). On Highway 69 turn right onto Highway 169, left onto Highway 118, left onto Peninsula Rd. (also known as Muskoka Regional Road #7). Once on Peninsula Road travel 10 km to the hamlet of Minnett (directions continue on the right side of this page).



Directions: In Minnett you can only turn right onto Juddhaven Road at the Minnett Corner Store. Follow this road 1.5 km to Morinus Road, passing Clevelands House, tennis courts and golf course. You will also pass the Fire Hall/Community Centre on left and then The Rock Golf Course. At Morinus Road you can only turn right, go to the road's end. Turn left at the Camp Frenda sign and continue onto camp property.



Camp Frenda Usage Report

Thank you for staying with us! In order to facilitate our accounting, please fill out the information below and have it signed by the camp ranger and food services director before leaving the campground. Your group will be invoiced to the billing address below.

Billing Information (please print)

Group Name: _____

Group Leader: _____

Billing Address: _____ City _____ PC _____

Date Used: _____

Lodging (please indicate the number of people in each room)

Friday

105/\$90 _____ 107/\$90 _____ 109/\$75 _____ 111/\$75 _____ 113/\$60 _____ 115/\$75 _____ 119/\$90 _____

203/\$90 _____ 205/\$90 _____ 207/\$60 _____ 209/\$75 _____ 211/\$60 _____ 213/\$75 _____ 215/\$60 _____ 217/\$75 _____ 219/\$75 _____

305/\$75 _____ 307/\$60 _____ 309/\$60 _____ 311/\$60 _____ 314/\$60 _____ Rosseau _____

Saturday

105/\$90 _____ 107/\$90 _____ 109/\$75 _____ 111/\$75 _____ 113/\$60 _____ 115/\$75 _____ 119/\$90 _____

203/\$90 _____ 205/\$90 _____ 207/\$60 _____ 209/\$75 _____ 211/\$60 _____ 213/\$75 _____ 215/\$60 _____ 217/\$75 _____ 219/\$75 _____

305/\$75 _____ 307/\$60 _____ 309/\$60 _____ 311/\$60 _____ 314/\$60 _____ Rosseau/\$80 _____

Sunday

105/\$90 _____ 107/\$90 _____ 109/\$75 _____ 111/\$75 _____ 113/\$60 _____ 115/\$75 _____ 119/\$90 _____

203/\$90 _____ 205/\$90 _____ 207/\$60 _____ 209/\$75 _____ 211/\$60 _____ 213/\$75 _____ 215/\$60 _____ 217/\$75 _____ 219/\$75 _____

305/\$75 _____ 307/\$60 _____ 309/\$60 _____ 311/\$60 _____ 314/\$60 _____ Rosseau _____

All Season overflow facility/Field House (please indicate # of people for each night)

Friday _____ x \$12 = _____

Saturday _____ x \$12 = _____

Sunday _____ x \$12 = _____

Summer overflow facilities/Chalets (please indicate # of people for each night)

Friday _____ x \$10 = _____

Saturday _____ x \$10 = _____

Sunday _____ x \$10 = _____

please turn over

Food Services

Meals ordered (adults \$11/meal; children \$7/meal ages 4-9)

Meals Adults	Friday	Saturday	Sunday
Breakfast			
Lunch			
Supper			
Brunch			
Meals Children (4-9)	Friday	Saturday	Sunday
Breakfast			
Lunch			
Dinner			
Brunch			

Food Services Signature

Date

Special Rentals

() Flipchart/Whiteboard \$10 () Video Projector/\$25 () Bedding Packs/\$10/weekend: # _____
() Winter Snow Tubes \$50 flat rate () Ping Pong Pkg (balls & paddles) \$20 flat rate

Damage Report/Comments

Camp Ranger Signature

Date

Group Leader Signature

Date